State to address micro-nutrient deficiencies

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State Food Commissioner Yamini Sarangi has said that Odisha is committed to addressing the prevailing micro-nutrient deficiencies in the State and food fortification is a means to achieve it.

While inaugurating a State-level ‘Technical training on edible oil fortification’ on Wednesday, she asked the participants to take the benefit of the workshop, which was conducted for the edible oil food business operators here.

This programme was jointly organized by the Commissioner of Food Safety, Government of Odisha, the KHPT and the GAIN (Global Alliance for Improved Nutrition).

The purpose of the programme was to improve availability of fortified edible oil in open market through capacity building of oil industry in the State. It was attended by 15 oil food business operators (FBO) from across the State.

Joint Commissioner Dr Sundaray shared that a huge population is affected by Vitamin A and D deficiencies. Through consumption of fortified edible oil, this can be addressed without any behaviour change or additional cost.

Pooja Trivedi of KHPT during the training shared that India is home to 1/3rd of the world’s 2 billion micronutrient deficient individuals.

Jaya Tripathi, KHPT, trained the participants on the technical process of fortification including the quantitative and qualitative analysis. She also demonstrated the process to the participants at an oil unit.