

The Sentinel

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Seminar on Healthy Eating & Food Fortification Conducted in Itanagar

A CORRESPONDENT

ITANAGAR: Consumer Right Organization-Punjab State (CRO-P) organized a seminar on Consumer Rights, Fortified Food and The Eat Right Movement (TERM) in collaboration with the Food Safety & Standard of India (FSSAI) at Gold Coast Club, Moga, Punjab on Monday.

Consumer Right Organization-Arunachal Pradesh (CRO-AP) state President Achu Bagang speaking on the day as special guest said that, it is an honour that FSSAI has faith on the CRO for bringing awareness among the people of country on healthy eating and food fortification. The FSSAI has engaged CRO-India to promote awareness on Healthy Food, Food Fortification and Eat Right Moment (Aaj Se Thoda Kam) which is indeed a positive approach.

“We at CRO-AP are at its initial stage in terms of promoting healthy foods, productions and healthy routine of life by following the TERM. But we are dedicated and inspired by the CRO-India initiative and its members working culture which will soon be replicated in our state, Bagang said.

He said that sugar, salt and fats from our daily food should be controlled for healthy living as most of the diseases injects from such unhealthy food. While appreciating and welcoming the team CRO-India CRO-AP President Achu Bagang also welcomed them to be part of upcoming program at RGU on Consumer Rights.

“The programme is going to be held by 23-24th August where Chief Minister Pema Khandu is expected to grace the occasion,” Bagang added.

“As we know in our country maximum number of women and children are anemic due to lack of awareness and healthy food. Fortified food is a best option for nutrition supplementary,” Bagang pointed out.

Local MLA Harjot Kamal, Congress President Vinod Bansal, Social workers, All India acting president of CRO SH. Naveen Sharma and Arunachal Pradesh President Achu Banang were present on the day.