Kochi: The Food Safety and Standards Authority of India (FSSAI) has issued warning that currency notes and coins can cause infection and diseases. The unhygienic and careless handling of currency notes and coins is the reason for infection. The FSSAI has directed the food safety commissioners to organize programmes to aware the public regarding the same. Vegetable vendors, cleaning staff, butcher shop workers, fish sellers and many others carry pollutants to the notes and coins unknowingly, which cause formation of microbes. Counting notes using saliva, holding notes between lips and similar careless handling of money leads the microbes to enter the body and cause diseases.

The germs multiply in notes and currencies under unhygienic circumstances. It is not advisable to handle money and food at the same time, especially in hotels. Wearing gloves while handling food can help reduce chances of contamination. These gloves should not be used while touching money. It is always best to wash hands before touching food after handling money and vice versa.