

Report on Launch event of SNF@Workplace
1:30-5:00 pm, 15th May 2018
FSSAI

In order to promote safe and healthy food habits, the Food Safety and Standards Authority of India (FSSAI) has designed Safe and Nutritious Food (SNF) initiatives on social and behavioural change in all domains of life-at home, school, workplace and on-the-go. The nationwide launch of one of these initiatives, Safe and Nutritious Food at Workplace was held on 15th May 2018 from 1:30 pm – 5:00 pm at FSSAI. Chairperson, FSSAI presided over the event and Dr. Vinod Paul, Member, Health NITI Aayog was the Chief Guest.



Over 100 stakeholders in the workplace ecosystem participated in this event including health experts, academic experts, nutritionists, dieticians, corporates, PSUs such as IOCL, GAIL, industry associations such as IMA, AIMA, CII, development partners and senior officials from government departments including the food safety commissioners. The detailed list is attached at **Annexure 1**.

Mr. Pawan Agarwal, CEO, FSSAI welcomed the participants and set the context for the event. He emphasized on the importance of eating safe and healthy during working hours and further stressed that the content available with the resource book was carefully developed and based on scientific evidence. Further, he mentioned that with SNF@Workplace, FSSAI aims to recognize and reward 'Healthy Places to Work' based on a matrix that has been developed by FSSAI. He added that to create a self-propelling and sustainable ecosystem, a systematic framework of FSSAI-trained resource persons, health & wellness coordinators and food safety supervisors for every workplace has been enabled.

Expert Panel Discussion

As a part of an expert panel discussion, Mr. Ambrish Mithal, Head of the Department of Endocrinology and Diabetes at Medanta—the Medicity raised the concern of alarming increase in obesity and NCDs (Non-Communicable Diseases) like diabetes and hypertension and the need for addressing the issue. Dr Sreejith N Kumar (President, IMA Kerala) and Dr. B Sesikeran (Former Director, NIN) highlighted that people spend long time at offices and availability and access to healthy food options here has to be made easy. This includes addressing concerns with pesticide residues and safety of raw fruits and vegetables in order to nudge people to consume these regularly. J.S. Department of Personnel Training also emphasized the need and their willingness to promote safe and healthy eating in Government canteens and offices. Dr. Ishi Khosla added that importance of eating healthy for ‘people on the go’, making healthy choices and making sure these healthy food options are made available to people at large.

Launch of The SNF@Workplace Initiative, Webpage and The Orange Book

At the event, The Orange Book, an informative resource book to ensure safe and nutritious food at the workplace and the website portal of SNF@Workplace, <http://fssai.gov.in/snfwp/> were launched by the Chief Guest.

Dr. Vinod Paul delivered the inaugural address and appealed to the audience to adopt the initiative and propel it forward. He urged representatives from Department of Personnel and Training (DoPT) to provide safe and nutritious food in the government canteens and government hospitals and canteens, respectively by 26th January 2019 as well as private associations represented by CII and ASSOCHAM to drive this initiative forward in the industry. He emphasized the need for creating engaging material for citizens for spreading awareness.

Experience Sharing

Participants including the PSUs (IOCL, GAIL), AIIMS and private corporates shared the best practices they have adopted to provide safe and healthy food and ensure the well-being of the people. Copies of Guidelines on Healthy Lifestyle developed by the PSUs was shared for reading and uploading on the SNF@Workplace website.

Pledge and Vote of Thanks

Stakeholders signed a pledge to make their workplace a ‘healthy place to work’ by key stakeholders. Chairperson, FSSAI thanked the audience for a fruitful discussion and encouraged the participants to focus on the importance of healthy eating habits for a healthy workplace.

Next Steps

1. DOPT to take the lead and introduce The Orange Book and its implementation practices in Government canteens (and hospitals) by 26th January 2019.
2. CII, FICCI and ASSOCHAN to widely adopt the The Orange Book and best practices mentioned across industry partners.
3. GAIL, Indian Oil and other corporates to introduce Nutrition and Health Clubs at their workplaces.
4. Convergence with Health Centers-resource material to be developed for dissemination at Health Centres for frontline health workers.
5. Participants to share resource material for uploading on the website e.g. book shared by GAIL and Indian Oil.
6. Industry partners to share success stories of their workplaces as per the best practices listed in the SNF matrix available on the website.
7. Experts such as Dr. Ishi Khosla to share her upcoming book and articles on healthy eating for busy people with the SNF@Workplace team.
8. SNF@Hospitals Guidance Document to be prepared and launched in June 2018.

Annexure 1: List of Participants

1. Dr. Vinod Paul, NITI Aayog
2. Dr. Ambrish Mithal, Medanta, the Medicity
3. Dr. B Sesikeran, ICMR
4. Dr Sreejith N Kumar (President), IMA
5. Dr. Sandeep Sharma, DGM Medical, Indian Oil Corporation
6. Dr. Chandra Tripathi, GAIL (India) Ltd
7. Ms. Shifalika Goenka, CCDC & PHFI
8. Ms. Ishi Khosla, Centre For Dietary Counseling
9. Dr. Shubnum Singh, Max Healthcare Institute Ltd.
10. Mr. Manish Whorra, CII
11. Mr. Bhaskar Paul, CII
12. Mr. Sam Thomas John, CII – Face
13. Dr. Deepika Anand, World bank
14. Ms. Kumud Khanna, National Vice President, Nutrition Society of India
15. Mr. Ashwin Bhadri, Equinox Centre
16. Ms. Neelanjana Singh, Indian Dietetic Association
17. Dr. Raj Agarwal, AIMA
18. Mr. Arun Mishra, GlaxoSmithKline Consumer Healthcare Ltd.
19. Ms. Richa Pritwani, Mother Dairy
20. Ms. Mani Misra, Mother Dairy
21. Mr. Himanshu Priyadarshi, Pepsico
22. Dr. Anirudha Chhonkar Nestle India Ltd.
23. Mr. Ninadh Chikhlikar, Sodexo
24. Mr. R.B. Chauhan, B Prabhat
25. Mr. Arun Mishra, GSK
26. Ms. Parna Dasgupta, Kellog India
27. Mr. Jasvir Singh, Dupont Nutrition & Health
28. Ms. Mini Kalra, Medanta, The Medicity Def Col
29. Mr. Abhinav Singh, FICCI
30. Mr. AMI Jojn, Patanjali Ayurved Ltd
31. Ms. Garima Singh, Mondelez
32. Mr. Keyur Ghodke, Amul Dairy
33. Mr. Mercy John, GAIL (India) Ltd
34. Mr. Tarun Viji, GAIN
35. Ms. Deepti Gulati, GAIN
36. Mr. Suresh Mohammed, The World Bank
37. Mr. Brajesh saxena, Controller Food & Drug administration
38. Dr. Dinesh Sharma, Joint Director, FSSAI
39. Mr. Shivang Vashistha, IAOH
40. Ms. Nirupma, MNCI
41. Mr. V. K. Singh, DoPT

42. Ms. Vanita Sood, DoPT
43. Ms. Rachana Shalini, National Productivity Council, GOI
44. Dr. Shikha Gautam, Food Safety Cell NR Medical Deptt
45. Dr. S. Premi Devi, MWCD
46. Dr. K. Shankar, Food Safety Director Telangana
47. Mr. Sanajauba Meitei, Govt of Manipur
48. Dr. Abdul Kabir Das, Commissioner FS J&K
49. Mr. Kulbhushan Malhotra, Ministry of Personnel, Public Grievances and pensions
Govt of India
50. Mr. Sukhwinder Singh, Food Safety Administration
51. Mr. R.S. Rawat, D.O (HQ)
52. Mr. George Cheriyan, CUTS International Centre for consumer Action, Research &
Training
53. Mr. S.P. Garg, National Productivity Council
54. Ms. Rachana Shalini
55. Mr. L.D. Thakur, Designated Officer Solan (H.P.)
56. Dr. Sila Deb, MoHFW
57. Dr. K. Vanaja, MoHFW
58. Mr. Ashok Kumar Sharma, FSDA U.P.
59. Mr. V.K. Pandey, ACF (HR) UP
60. Mr. Saurabh Singh, National Productivity Council GOI
61. Mr. O.D. Sangma, Asstt Comm of Food Safety
62. Mr. D.V. Malhan, All India Food Processing Association
63. Mr. Aniruddh Dutta, Institute for Competitiveness
64. Dr. Ashwani Dewangan, FDA CG Raipur
65. Ms. Amandeep Kaur, TCS Ltd Noida
66. Dr. Sreejith N. Kumar, IMA Food Policy
67. Mr. Sudip Roy Chaudhuri, Baltic Control (Baltic Testing India Pvt. Ltd.)
68. Rajnish Chhindra, DNVGL Delhi
69. Ms. Vibha Varshney, CSE
70. Mr. Vinay Shanker Mishra, One cert International Pvt Ltd
71. Mr. Prabhat Singh, Sai Global Ltd
72. Ms. Pinku Yadav, Region Head – HSE
73. Mr. Bharat Sharma, Today Face on
74. Ms. Ritu Raj, Reporter Rajasthan Patrika
75. Mr. Ashwani
76. Mr. M Jha, PII
77. Mr. Atish Mandal, Heritage World India
78. Mr. Mohd. Farhan, Voice of India

From FSSAI:

1. Mr. Ashish Bahuguna, Chairperson
2. Mr. Pawan Agarwal, CEO

3. Ms. Madhavi Das, CMSO
4. Mr. Kumar Anil, Advisor
5. Mr. Sunil Bakshi, Advisor
6. Dr. N. Bhaskar, Advisor
7. Ms. Garima Singh, Director
8. Dr. Rubeena Shaheen, Director
9. Ms. Suneeti Toteja, Director
10. Mr. A K Chanana, Head
11. Mr. Raj Singh, Head
12. Ms. Rijuta Pandav, Deputy Lead
13. Ms. Rohini Saran, Deputy Lead
14. Ms. Sakshi Jain, Co-ordinator
15. Ms. Vithika Krishnawat, Co-ordinator
16. Ms. Pooja Puri, Co-ordinator
17. Ms. Jyotsana Lamba, Co-ordinator
18. Ms. Vijeta Singhari, Co-ordinator
19. Ms. Neeti Gadgoli, Co-ordinator
20. Ms. Deeksha Bhatt, Co-ordinator
21. Ms. Shivani Moghe, Co-ordinator
22. Ms. Kanchan Parchani, Co-ordinator
23. Ms. Himani, Co-ordinator
24. Ms. Bhoomija Pant, Co-ordinator