








DAY 3, October 18, 2018 (Thursday)

Track No.	City	Summary	Images
Track 1 (Leh-Delhi)	Leh	-	NA
Track 2 (Panaji-Delhi)	Sawantwadi	<p>Day 3 begins at Sawantwadi, Panaji with the usual Prabhat pheri with NCC cadets and Lt. Sachin Deshmukh. Hon'le Collector, Sindhudurg, Shri Dilip Pandharpatte and other officials also participated in the Prabhatpheri. Around 200 people which included locals and schoolchildren. Gathering and felicitation at Nagar Palika Hall, Sawantwadi. Dr. Nawange, IMA addressed the gathering at Anemia Mukt Bharat Campaign. City activation was done during the transit at various locations such as Bus stand, Sawantwadi</p>	   
Track 3 (Thiruvananthapuram-Delhi)	Kanyakumari	<p>Prabhat Pheri was initiated from Kanyakumari team and cultural program was organized on behalf Swasth Bharath Yatra. A presentation on Eat Right India by Local Artists was made. A puppet show was organised to create awareness about Eat Right Movement.</p>	 

DAY 3, October 18, 2018 (Thursday)

Track No.	City	Summary	Images
Track 4 (Puducherry-Delhi)	Guduvanchery-Kancheepuram	Prabhat pheri was started from Guduvanchery with staff and Cadets of 4(TN) Naval, NCC. Eat right India seminar at SRM University with delhi Ganesh, movie actor in the jury. Also science based standards for food testing etc. discussed. Second activation at Mahabalipuram. Third activation at Kuvathur, Kancheepuram. fruit carving competition and fruit mixing ceremony held.	

DAY 3, October 18, 2018 (Thursday)

Track No.	City	Summary	Images
Track 5 (Ranchi-Delhi)	Khunti	<p>Prabhat pheri started from Kachhari Maidan, Khunti to Nagar Bhavan, Khunti. Cyclothon flagged off by SDO, Khunti, Sh. Pranav Kumar Pal and Sh. Surjit Singh, Dist. Social Welfare Officer, Khunti. More than 150 participants including NCC Officer, Major Ranjeet Jha, school students, health workers, Local Administration, Civil Surgeon, Medical officer, etc. The Eat Right India movement was elucidated to all followed by Cultural Chhau, folk dance. Baton was handed over for forward journey to Chakradharpur. Hockey Olympian, S. Dugdug was also present during the ceremony. City activation point at Murahu Thana. Cyclists were welcomed by Civil Surgeon of Khunti.</p>	 

DAY 3, October 18, 2018 (Thursday)

Track No.	City	Summary	Images
Track 6 (Agartala- Delhi)	Aizwal	Prabhat pheri on Day 3 was presided over by chief guest, Shri. Vanlaldika Darling, Sub Divisional Magistrate & Deputy Collector. The prabhat pheri was attended by 60 Asha Anganwadi volunteers, 10 volunteers from SDMO and SDM Office along with the SBY team. NCC Cadets volunteered as cyclists, 25 at Aizwal and 20 at Kolasib.	