


DAY 11, October 26, 2018 (Friday)

Track No.	City	Summary	Images
Track 1 (Leh-Delhi)	Ganderbal	<p>The Cyclothon was flagged off by ADDC, Ganderbal Sh. N.A. Baba along with ADC, Ganderbal Sh. Naseer Ahmad Wani and SSP Ganderbal, Sh. Khalil Ahmad Poswal at Mini Secretariat, Ganderbal. The cyclothon was organized by the Commissionerate of Food Safety, J&amp;K under the overall Supervision of Dr. Ab. Kabir Dar, Commissioner of Food Safety in collaboration with FSSAI. During the rally, people were sensitized about the importance of food safety. Dr. Ab. Kabir Dar urged his officials to continue their efforts to generate awareness regarding food adulteration in the district for a healthy environment and physical well-being and hoped that the campaign will bring positive changes in the district with regards to eating healthy food to avoid NCDs.</p> <p>Among others present during the event were Assistant Controller Food Safety, Ganderbal, Ms. Kriti Gautam, training consultant FSSAI, Traders' Union, Ganderbal, Food Processing Association, Kashmir, and other officials of the Food Safety Department.</p>	  
Track 2 (Panaji-Delhi)	Ratnagiri	<p>Prabhat pheri started at Ratnagiri from Maruti Mandir towards Jayesh Mangal Park. Mr. Desai, Joint Commissioner, Konkan division. Mr. Devkar, Civil Surgeon, Ratnagiri guided people about prevention of non-communicable diseases. Dr. Athalye, DHO, Ratnagiri also addressed people about general health. Nutritionist Nitin Dhade talked about healthy food intake and overall well being of the community. Sh. Bhushan Engade, AFSTI, engaged the audience by talking about processed and preserved food. Sh. Imran Hasmi, Asst. Commissioner, FDA, Ratnagiri, also emphasised on the importance of a healthy lifestyle. Nukad Naatak on Aaj se Thoda Kam and fortified food also enacted.</p>	  





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Track 3 (Thiruvananthapuram -Delhi)	Sivakasi	<p>Prabhat pheri began from Hindu Thevamar School, Sivakasi. Approx 550 people participated. First city activation at SHNV School with 5000 participants including NSS, NCC volunteers, students, teachers, Chamber of Commerce, Inner Wheel members, NCLP teachers, ICDS staff. Second city activation near old bus stand with 50 participants from the general public. Third activation at Thiruthangal Road, Sivakasi. Dignitaries present were Collector, Mr. Sivaganam and RDO, Mr. Dinakaran along with Revenue Minister.</p>	

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Track 4 (Puducherry-Delhi)	Nellore	<p>Prabhat Pheri: VR School Ground, V.R.C. Centre Nellore by Shri. K.N. Swaroop, Joint Food Controller, A.P. and Colonel A.B. Upadhaya, NCC (city activations -3 diff. locations)</p> <ol style="list-style-type: none"> <li>1. Market Centre (Madras Bus Stand)</li> <li>2. Gandhi Statue Centre (Trunk Road)</li> <li>3. Kanaka Mahal Centre</li> </ol>	

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Track 5 (Ranchi-Delhi)	Ghatshila	<p>Prabhat pheri started at 8 a.m. from Jagdish Chandra High School, Ghatshila. Around 600 people participated including NCC cadets, scouts and guides, students, teachers, etc. The prabhat pheri travelled through the city flyover, railway station and returned to Jagdish Chandra High School. The first activation point was at the Railway Station, Ghatshila. This was followed by a briefing to SHO, angan wadi workers, Thana prabhari and many others. The next city activation was at Gram Panchayat, Gopalpur, Ghatshila. The activation saw a gathering of more than 150 people mostly women. Mukhiya, Sh. Sido Hamara, BDO Ghatshila, Mr. Sanjay Pandey and others were also present. People were informed about the purpose of SBY and Eat Right India. The women had lots of queries related to food safety which were duly answered by the team SBY.</p>	 	 

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Track 6 (Agartala-Delhi)	Jiribram	<p>Cyclists entered Jiribram and were welcomed by the Addl DC, Jiribram and SP, Jiribram. Prabhat pheri started at RK Sanatombi Devi Vidyalaya, Jiribram. First city activation at RK Sanatombi Devi Vidyalaya, Jiribram where a health camp for routine check-ups was organised. The staff also explained simple tests to check adulteration. Second Activation was done at Jiribram Govt. Higher Secondary School at around 12:30 p.m. The Principal of the School Shri L Ranjit Kumar Singh was present during the event and addressed students on topics like hygiene, food safety, adulteration, etc.</p>	   